the Father of Light grant me, through thy intercession,—a clear intellect,—a sound judgment and retentive memory.—Help me to study perseveringly—in order that I may develop the gifts with which God has endowed me,—and use them according to His divine Will.—O dear St. Anthony, aid me to succeed in my studies and examinations,—if it be for the greater glory of God and the benefit of my soul. Amen.

Petition

Let us pray for all the intentions, spiritual and temporal, recommended to our prayers.

Our help is the Name of the Lord

Who made heaven and earth.

St. Anthony, beloved Patron,—ever faithful follower of our Lord and Savior,—"Saint of the whole world,"—we invoke thy powerful intecession at the throne of God.—Hearken to our humble supplications,—especially to those which now we place upon thy shrine.—With all the world may we have reason to proclaim—that God, our heavenly Father, lives and works in thee,—forever and forever. Amen.

(Incensation of relic.)

If wondrous signs thou fain wouldst see— Lo, error, death, dread leprosy, Distress gives way, e'en Satan flies, And cured of ills the sick arise.

The seas obey; chains part in twain; Frail palsied limbs full life regain; While treasures lost, we see restored— By young and old with faith implored.

Pray for us, O blessed Anthony That we may be made worthy of the promises of Christ.

O God, may the votive commemoration of blessed Anthony, Thy Confessor, be a source of joy to the Church, that we may be always fortified with spiritual assistance, and deserve to enjoy eternal reward. Through Christ our Lord. Amen.

(Blessing with relic.)

(Benediction of the Blessed Sacrament, page 19.)

HOLY HOUR

(First Friday of the Month)

PART 2

(Exposition of the Blessed Sacrament)

In the name-1

Of the Father,—and of the Son,— and of the Holy Ghost.—Amen.

Praised be Jesus Christ:

Now, and forevermore. Amen.

Petition

Open our lips, O Lord,

To bless Thy holy name;—drive from our hearts all wayward, vain and wandering thoughts;—enlighten thou our minds,—enkindle our affections,—that, with attention and devotion,—we may worship thee in worthy manner,—and may deserve a hearing—in the presence of thy majesty divine:—thru Christ our Lord.—Amen.

Intention

O Lord,

In union with thine own divine intention,—which animated thee on earth—to render praises unto God,—we offer up these prayers to thee.

Doxology

Glory be to the Father, and to the Son, and to the Holy Ghost:

At it was in the beginning,—is now, and ever shall be:—world without end.—Amen.

(All rise)

Refrain

Come, let us praise our eucharistic Lord, the king of everlasting glory:

Come let us praise our eucharistic Lord,—the king of everlasting glory.

Psalm 94

Come, let us sing unto the Lord with joy; to God, our Savior, let us raise a song of praise; before his face let us appear betimes to offer thanks, and raise our hearts to him in psalms of jubilee.

Come let us praise our eucharistic Lord,— the king of everlasting glory.

Because the Lord is great, the God of might, a mighty king above all gods—his people he will not disdain—for in his hand are all the ends or earth and on the mountain heights his eye doth rest.

Come, let us praise our eucharistic Lord—the king of everlasting glory.

The sea is his, for he created it; the land his hands have formed. Come, then,

(All kneel.)

in adoration let us bend the knee before our God; let us plead our cause before the Lord Who made us; for verily he is the Lord, our God; and we his people are—the sheep his pasture feeds.

Come, let us praise our eucharistic Lord—the king of everlasting glory.

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning,—is now, and ever shall be:—world without end. Amen.

Come, let us praise our eucharistic Lord: The King of everlasting glory.

(Hymn)

Come unto me, all ye that labor and are burdened, and I will give you rest. Take my yoke upon you and learn of me, for I am meek and humble of heart, and ye shall find rest for your souls; for my yoke is sweet, and my burden is light: saith the Lord.

Jesus, meek and humble of heart: Make our hearts like unto thine.

Truly becoming and just it is, right and salutary, that to thee we ever and everywhere give thanks O holy Lord, almighty Father, everlasting God—thou who didst will thine only-begotten Son, hanging on the Cross, to be pierced with the soldier's lance, that his opened heart, the sacred font of divine bounty, might pour forth on us its torrents of mercy and of grace; and, since it ceases never to glow with love of us, it might prove ever to the

pious a source of tranquility, and to the penitent a haven of salvation. With angels, then, and archangels, with thrones and dominations, with the entire array of celestial hosts, we raise unto thee a hymn of thy glory, ever and ever proclaiming:

Holy, holy, holy,—Lord God of hosts;—the heavens and the earth are full of thy glory;—hosanna in the highest;—blessed is he who cometh in the name of the Lord;—hosanna in the highest.

INCARNATION

God so loved the world, that He gave His onlybegotten Son, that whosoever believeth in Him may not perish, but may have everlasting life, . . . that the world might be saved thru Him.

And the Word was made flesh: And dwelt amongst us.

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning,—is now, and ever shall be:—world without end. Amen.

Veneration

Eternal Word, made man for love of us—humbly kneeling in spirit at the foot of Thy Crib,—we adore Thee with our soul's deepest veneration.

In reparation for the world's indifference to the great mystery of the Incarnation,—as well as for the suffering of thy Sacred Heart at Bethlehem—and during thy holy childhood,—we now unite our hearts with the hearts of all who love Thee,—and with them—we offer unto Thee the tribute of our humble, loving thanksgiving.

Inspired by the excess of goodness, meekness and humility,—which we behold in the Sacred Heart of Thine,—we beg of Thee to give us grace—that, in our lives, we, too, may imitate those virtues—which Thou didst come to teach.

Heart of Jesus, burning with love of us: Inflame our hearts with love of Thee.

O Sacred Heart of Jesus, we implore: The grace to love Thee ever more and more.

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Lord, hear our prayer: And let our cry come unto thee.

May the Holy Ghost, we beseech thee, O Lord, inflame us with that fire, which, from the inmost recesses of his heart, our Lord Jesus Christ sent forth into the world, and desired to be kindled exceedingly: thru the same Christ our Lord.

Amen.

O Sacrament most holy, O Sacrament divine: All praise and all thanksgiving be every moment Thine. (Hail Mary)

REDEMPTION

Know that ye were redeemed, . . . not with perishable silver and gold, but with the precious blood of Christ, as of a lamb without blemish and without spot.

God forbid that we should glory: Save in the cross of our Lord Jesus Christ.

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning,—is now, and ever shall be:—world without end. Amen.

Veneration

Divine Redeemer, obedient unto death for love of us—humbly kneeling in spirit at the foot of Thy Cross,—we adore Thee with our soul's deepest veneration.—

In reparation—for the world's indifference to the great mystery of the Redemption,—as well as for the agony thy Sacred Heart endured—in Thy bitter passion and Thy death on Calvary,—we now unite our hearts with the hearts of all who love Thee,—and with them—we offer unto Thee the tribute of our contrite, sincere compassion.—

Inspired by the boundless patience and the generosity of that Sacred Heart of thine, we beg of Thee—to fill our hearts with the spirit of true Christian penance,—that we may courageously embrace the sufferings of life,—and make Thy Cross our greatest comfort and all our glory.

Heart of Jesus, burning with love of us: Inflame our hearts with love of Thee, (Our Father)

O Sacred Heart of Jesus, we implore: The grace to love Thee ever more and more. Lord, hear our prayer: And let our cry come unto Thee.

O God, Thou Who hast deigned in the Heart of Thy Son, wounded for our sins, mercifully to bestow on us such treasures of love: grant, we beseech Thee, that, offering to that Sacred Heart the devout service of our piety, we may also fulfill the duty of worthy atonement: thru the same Christ our

Lord. Amen.

O Sacrament most holy, O Sacrament divine: All praise and all thanksgiving be every moment Thine. (Hall Mary)

EUCHARIST

Rejoice and praise, O ye dwellers in Sion; for great is He that is in the midst of you, the Holy One of Israel.

Blessed are they that dwell in thy house, O Lord: They shall praise Thee forever and ever.

Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning,—is now, and ever shall be:—world without end. Amen.

Veneration

King of glory, here enthroned for love of us—humbly kneeling at the foot of Thine Altar.—we adore thee with our soul's deepest veneration.—In reparation for the world's indifference to the great mystery of the Eucharist,—as well as for the many outrages—thy Sacred Heart endures in Thine abiding presence in our Churches,—we now unite our hearts with the hearts of all who love Thee—and with them—we offer unto Thee the tribute of our loyal, heartfelt homage.—

Inspired by the fire of divine love for Thine eternal Father,—which we observe in that Sacred Heart of

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Thine,-we beg of Thee to inflame our hearts with the true spirit of ardent Christian charity,-that we may fulfill thy commandment to love our God above all things,-and our neighbor as ourselves.

Heart of Jesus, burning with love of us: Inflame our hearts with love of thee. (Our Father)

O Sacred Heart of Jesus, we implore: The grace to love thee ever more and more. Lord, hear our prayer:

And let our cry come unto thee.

Let these sacred things-Thy Holy Sacrifice and Thy Blessed Sacrament-Lord Jesus, bestow on us a fervor all divine, by which we may perceive the sweetness of Thy Sacred Heart, whilst we learn to contemn the things of earth, and love alone the things of heaven: O thou who livest and reignest, world without end. Amen.

O Sacrament most holy, O Sacrament divine: All praise and all thanksgiving be every moment thine.

(Hail Mary)

(Hymn)

Commendation

Divine Redeemer, present here, upon the altar, we adore Thee. To Thee, and to Thy Sacred Heart. we offer all we are and all that we possesses. To Thee, we consecrate our souls with all their faculties, our bodies with their senses, our hearts with their affections-desiring in all things: to glorify, to honor and to love Thee; to thank Thee for the countless benefits Thy bounty hath bestowed upon us, especially in the Holy Eucharist; to make atonement for our own offenses, as well as for the sins that men commit against Thee. especially in Thy sacrament of love; and, finally, to supplicate Thy grace: that we may ever be Thy faithful followers; pleasing Thee in every thought and word and deed; suffering in patience and in resignation to Thy holy will; becoming like to Thee in meekness and humility; and persevering in Thy love and grace till death; that we may praise and bless Thee with the angels and the saints, in heaven, for all eternity. Amen.

Litany of the Sacred Heart

(The Litany of the HOLY NAME may be substituted,

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us. Christ, hear us. Christ, graciously hear us. God, the Father of heaven, (have mercy on us.) God, the Son, Redeemer of the world, God, the Holy Ghost,

Holy Trinity, one God, Heart of Jesus, Son of the eternal Father,

(have mercy on us.)

Heart of Jesus, formed by the Holy Ghost in the womb of the Virgin Mother,

Heart of Jesus, substantially united to the Word of God.

Heart of Jesus, of infinite majesty,

Heart of Jesus, holy temple of God,

Heart of Jesus, tabernacle of the Most High,

Heart of Jesus, house of God and gate of heaven,

Heart of Jesus, glowing furnace of charity,

Heart of Jesus, abode of justice and love.

Heart of Jesus, full of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise.

Heart of Jesus, king and center of all hearts.

Heart of Jesus, in whom are all the treasures of wisdom and knowledge.

Heart of Jesus, in whom dwells the fullness of divinity.

Heart of Jesus, in whom the Father was well pleased.

Heart of Jesus, of whose fullness we have all received.

Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and most merciful,

Heart of Jesus, rich unto all who call on Thee,

Heart of Jesus, fount of life and holiness.

Heart of Jesus, atonement for our sins,

Heart of Jesus, filled with reproaches, Heart of Jesus, crushed for our offences,

Heart of Jesus, made obedient unto death,

Heart of Jesus, pierced with a lance,

Heart of Jesus, source of all consolation, Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and reconciliation,

Heart of Jesus, victim for sin,

Heart of Jesus, salvation of those who trust in Thee,

Heart of Jesus, hope of those who die in Thee, Heart of Jesus, delight of all the Saints.

Lamb of God, who takest away the sins of the world, (spare us, O Lord.)

Lamb of God, who takest away the sins of the world, (graciously hear us, O Lord.)

Lamb of God, who takest away the sins of the world, (have mercy on us.)

Jesus, meek and humble of Heart; Make our hearts like unto Thine.

Let us pray: Almighty, everlasting God, graciously regard the Heart of Thy most beloved Son and the praise and satisfaction which He offers Thee on behalf of sinners and, being appeased, grant pardon to those who seek Thy mercy, in the name of the same Jesus Christ, Thy Son: who liveth and reigneth with Thee in the unity of the Holy Spirit, world without end. Amen.

Consecration

By thy sacred heart that overflows with goodness and with mercy,—we beg of Thee, O Jesus,—to guard the church, our holy mother;—to bless the pope; our sovereign pontiff;—to grant Thy benediction and protection to this congregation and to our homes;—to our country, its officials and its legislation;—to our bishops, priests and all religious orders.—We commend to thee all our concerns:—our parents, relatives,—our friends and benefactors,—our enemies—if any such there be—all those who ask or need our prayers,—especially the sick and dying,—and those who live in sin, or suffer any tribulation.—

A special blessing give to those who labor for the propagation of the faith—to spread Thy kingdom here on earth—who foster love and veneration for Thy Sacred Heart,—and for Thy Eucharistic presence on our altars.—

Eternal rest bestow upon the faithful souls departed,—and bring them to the vision of Thy glory.

—Oh, grant us all,—that we, who worship Thee, and bless Thee, here on earth beneath the sacramental veils,—may, after death, behold Thee, face to face,—in all the radiant splendor of Thine unveiled countenance in heaven,—forever and forever. Amen.

Eucharistic Petitions

Soul of Christ: Be my sanctification. Body of Christ. Be my salvation. Blood of Christ. Fill all my veins. Water of Christ's side: Wash out my stains, Passion of Christ: My comfort be. O Good Jesus: Listen to me. In thy wounds, I fain would hide: Ne'er to be parted from thy side. Guard me, should the foe assail me: Call me, when my life shall fail me. Bid me come to Thee above: With Thy saints to sing Thy love: World without end. Amen. (Our Father)

O sacred banquet,

In which Christ is received,—the memory of His passion is renewed—the soul is filled with grace,—and of future glory unto us a pledge is given.

Thou hast fed Thy people with the bread of angels: Thou hast given them bread from heaven.

Lord, hear our prayer: And let our cry come unto Thee.

O God, Thou Who hast left us in this wonderful Sacrament a memorial of Thy passion, grant us,

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we beseech Thee, so to venerate the sacred mysteries of Thy Body and Blood, that we may ever experience in ourselves the fruit of Thy redemption: O Thou Who livest and reignest, world without end.

Amen.

Devoutly, in this Holy Hour, and in our Eucharistic service, let us call to mind and strive to emulate the vivid faith and ardent love that filled the heart of blessed Paschal, Saint of the Blessed Sacrament, whom Holy Church presents to us as patron of all Eucharistic unions.

From the wise and prudent Thou hast hid these things, O Lord:

And hast revealed them unto little ones.

O God, thou who didst adorn the soul of blessed Paschal, Thy confessor, with a wondrous love for these most sacred mysteries of Thy Body and Thy Blood: in mercy, grant to us, Thy supplicants, that the same abundant riches of the spirit, which he was wont to draw from this divine, celestial banquet, we, too, may merit to obtain; thru Christ our Lord. Amen.

(Hail Mary) (Tantum Ergo and Benediction)

Litany of the Holy Name

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Jesus, hear us.
Jesus, graciously hear us.
God. the Father of heaven.

Have mercy on us.

God, the Son, Redeemer of the world.
God, the Holy Ghost.
Holy Trinity, one God.
Jesus, Son of the living God,
Jesus, splendor of the Father
Jesus, brightness of eternal light.
Jesus, king of glory.
Jesus, son of justice.
Jesus, son of the Virgin Mary.
Jesus, most amiable.

Jesus, most admirable. Jesus, mighty God. Jesus, father of the world to come. Jesus, angel of the great counsel Jesus, most patient. Jesus, most obedient. Jesus, meek and humble of heart. Jesus, lover of chastity. Jesus, lover of us, Jesus, God of peace. Jesus, author of life. Jesus, model of virtues, Jesus, our God. Jesus, our refuge, Jesus, father of the poor. Jesus, treasure of the faithful. Jesus, good shepherd. Jesus, eternal wisdom. Jesus, infinite goodness. Jesus, our way and our life. Jesus, joy of the angels. Jesus, king of the patriarchs. Jesus, master of the apostles.

Jesus, master of the apostles.
Jesus, teacher of the evangelists.
Jesus, strength of martyrs.

Jesus, light of confessors.
Jesus, purity of virgins.
Jesus, crown of all saints.
Be merciful unto us.

Spare us, O Jesus.

Be merciful unto us.

Graciously hear us, O Jesus.

From all evil.

Deliver us, O Jesus.

From all sin.
From thy wrath.
From the snares of the devil.
From the spirit of uncleanness.
From eternal death.

From the neglect of thine inspirations.

Thru the mystery of thy holy incarnation.

Thru thy nativity.
Thru thine infancy.

Thru thy most divine life. Thru thy labors.

Thru thine agony and passion.

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Thru thy cross and dereliction.

Thru thy suffering.

Thru thy death and burial.

Thru thy resurrection.

Thru thine ascension.

Thru thine institution of the most holy Sacrament. Thru thy joys.

Thru thy glory.

Lamb of God, who takest away the sins of the world: Spare us. O Jesus.

Lamb of God, who takest away the sins of the world: Graciously hear us, O Jesus.

Lamb of God, who takest away the sins of the world: Have mercy on us.

Jesus, hear us.

Jesus, graciously hear us.

Let us pray:

Lord Jesus Christ, who has said: Ask, and ye shall receive; seek, and ye shall find; knock, and it shall be opened unto you: grant, we beseech Thee, to us who ask the gift of Thy divine charity, that we may ever love Thee in thought and word and deed, and may never cease from praising Thee. Give us, O Lord, a perpetual fear and love of thy holy name; for Thou never failest to govern those whom Thou does solidly establish in Thy love: thru Christ our Lord.

Amen.

Hymns

At The Cross.

At the cross her station keeping,—Stood the mournful Mother weeping,—Close to Jesus to the last.

O Sacred Head Surrounded.

O Sacred Head surrounded—By crown of piercing thorn!—O Bleeding Head so wounded,—Reviled and put to scorn!—Death's pallid hue comes o'er Thee,—The glow of life decays.—Yet angel hosts adore Thee,—And tremble as they gaze.

Stabat Mater.

 Stabat Mater dolorosa,—Juxta crucem lacrymosa,—Dum pendebat Filius.

2. Cujus animam gementem—Contristatam et dolentem,—Pertransivit gladius.

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SHORT WAY OF THE CROSS

(Hymn)

In the name -

Of the Father,—and of the Son,—and of the Holy Ghost. Amen.

Praised be Jesus Christ

Now and forevermore. Amen.

In humble spirit, and with contrite heart, we offer unto Thee, the true and living God, this remembrance of our Saviour's bitter Passion and His death. Accept it, holy Father, almighty and eternal God, as a tribute of our lowly homage; to promote Thy greater honor and Thy glory; for the welfare of Thy Holy Church; and to obtain the pardon of our manifold offenses, sins and negligences. For all here present, as also for all faithful Christians,—both the living and the dead, and for all mankind, we pray, that it may profit us and them to our own and their salvation unto life eternal: through Christ our Lord. Amen.

Glory be, etc. As it was, etc.

FIRST STATION

Jesus Is Condemned to Death

He spared not even His own Son, But delivered Him up for us all. Meditation

Let us hear consider how our Saviour, rejected, scourged and crowned with thorns, is condemned to death by Pilate, and accepts this unjust sentence to remove from us the doom of everlasting death.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Give ear unto my supplication in Thy truth: And go not into judgment with Thy servant. Prayer

O Jesus, whilst we thank Thee for Thy wondrous love, we beg Thee to revoke the sentence that our sins deserve, and make us worthy of eternal life. Amen.

Christ Jesus crucified, Have mercy on us,

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SECOND STATION

Jesus Bears His Cross

All we like sheep have gone astray!

And the Lord hath laid on Him the iniquity of us all.

Meditation

Let us here consider how our Saviour takes the Cross upon His bruised and bleeding shoulders, and with this Cross the burden of our sins.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Direct my steps according to Thy word: Let no iniquity have power over me.

Prayer

O Jesus, grant us grace to make Thy Cross no heavier by our sins, and cheerfully to carry ours in the spirit of true penance.

Amen. Christ Jesus crucified, Have mercy on us.

THIRD STATION

Jesus Falls the First Time

The chastisement of our peace was upon Him: And by His bruises we are healed.

Meditation

Let us here consider how our Saviour, overcome with weariness and pain, and falling down beneath the Cross, lies bleeding on the ground.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

My wickedness will I declare:

And with sorrow will I think upon my sins.

Prayer

O Jesus, we now firmly are resolved no more by sin to cause Thine agonizing fall. Strengthen us in this our resolution, and in Thy mercy make it efficacious.

Amen.

Christ Jesus crucified,

Have mercy on us.

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FOURTH STATION

Jesus Meets His Mother

Thine own soul the sword hath pierced.

The Almighty hath filled thee with bitterness.

Meditation

Let us here consider how our Saviour meets His loved and loving Mother, and how their Sacred Hearts are tortured by this sorrowful reunion.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Pray for us, O Mary, Queen of Martyrs, Who didst stand beside the Cross of Jesus.

Praver

O Jesus, by the sorrow of this meeting with Thine ever-blessed Mother, forgive the sins that caused it, and be present with that Mother when death shall come upon us.

Amen.

Christ Jesus crucified, Have mercy on us.

FIFTH STATION

Jesus Is Relieved by Simon

I looked about, and there was none to help: I sought, and there was none to give aid.

Meditation

Let us here consider how our Saviour—His weakness now unfitting Him to bear the Cross alone is helped, unwillingly at first, by Simon of Cyrene.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

God forbid that I should glory, Save in the Cross of our Lord Jesus Christ,

Prayer

O Jesus, we entreat Thee—let us, like Simon, follow Thee, and carry for Thy love most willingly the cross of penance and adversity.

Amen.

Christ Jesus crucified, Have mercy on us.

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SIXTH STATION

Jesus Meets Veronica

Among men shall His visage be inglorious: And His form among the sons of men.

Meditation

Let us here consider how our Saviour finds compassion in this woman's ministrations, and how He leaves the imprint of His features on the towel which she offers Him to cleanse His Sacred Face.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Turn not Thy face away from me:

In Thy wrath decline not from Thy servant.

Prayer

O Jesus, cleanse our souls from all defilement, and imprint upon our minds and hearts the memory of Thy sufferings.

Amen.

Christ Jesus crucified,

Have mercy on us.

SEVENTH STATION

Jesus Falls the Second Time

Surely He hath borne our infirmities: And He hath carried our sorrows.

Meditation

Let us here consider how our Saviour suffers agony again in this His second fall; and let us not forget that we have caused it by relapsing into sin.

We adore Thee, O Christ, and we bless Thee,

For by Thy Holy Cross Thou hast redeemed the world.

I have acknowledged my sin unto Thee:

And my injustice I have not concealed.

Prayer

O Jesus, we acknowledge to our shame the depths of our iniquity. We beg of Thee the grace to rise therefrom and never more to fall again.

Amen.

Christ Jesus crucified,

Have mercy on us.

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EIGHTH STATION

Jesus Meets the Women of Jerusalem

He hath borne the sins of many: And hath prayed for the transgressors.

Meditation

Let us here consider how our Saviour tells these women to weep not for Him, but for themselves and for their children, to admonish us that we

and for their children, to admonish us that we repent for sin, the cause of all His suffering.
We adore Thee, O Christ, and we bless Thee,

For by Thy Holy Cross Thou hast redeemed the world.

Be Thou merciful, O Lord, to me:

Heal Thou my soul, for I have sinned against Thee.

Prayer

O Jesus, fill our hearts with true contrition, that the sorrow for Thy suffering may impress on us the enormity of sin.

Amen.

Christ Jesus crucified, Have mercy on us.

NINTH STATION

Jesus Falls the Third Time

He shall be led as a sheep to the slaughter:

And shall be dumb as a lamb before its shearers.

Meditation

Let us here consider how our Saviour, at the foot of Calvary, again succumbs to brutal treatment with the burden of our sins, and is stricken almost lifeless to the ground.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Wash me more and more from my iniquity:

And cleanse me from my sin.

Prayer

O Jesus, our repeated sins have been the cause of Thy repeated falls. In future, may our hearts forever be the temples of Thy sanctifying grace.

Amen.

Christ Jesus crucified,

Have mercy on us.

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TENTH STATION

Jesus Is Deprived of Clothing

They have parted My garments among them: And over My vesture they have east lots.

Meditation

Let us here consider how our Saviour is despoiled of clothing, and presented with a bitter draught; and how He suffers direst shame and agony in atonement for our shameless want of modesty and temperance.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Create in me a clean heart, O God: And renew a right spirit within me.

Prayer

O Jesus, we deplore our sins of sensuality. We promise, with Thine aid, by our modest, temperate lives never more to give occasion for Thy woes.

Amen.

Christ Jesus crucified, Have mercy on us.

ELEVENTH STATION

Jesus Is Nailed to the Cross

They have pierced My hands and My feet: They have numbered all My bones. Meditation

Let us here consider how our Saviour's bleeding body is extended on the Cross; and how the cruel nails are driven through His sacred hands and feet.

We adore Thee, O Christ, and we bless Thee,

For by Thy Holy Cross Thou hast redeemed the world.

Pierce Thou my flesh with fear of Thee:

Because I stand in awe of Thy decrees.

Prayer

O Jesus, Thou hast suffered all this martyrdom for us—may we learn to suffer all for Thee. Here burn, here cut, but spare us in eternity.

Amen.

Christ Jesus crucified,

Have mercy on us.

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TWELFTH STATION

Jesus Dies on the Cross

He humbled Himself becoming obedient unto death:

Even to the death of the Cross.

Meditation

Let us here consider how our Saviour, after three hours' mortal agony, dies upon the Cross for our redemption, that we may live, and be delivered from eternal death.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Let my soul die the death of the just: And my last end be like unto theirs.

Prayer

O Jesus, Thou hast sacrificed Thy life for us; it is but just that we should spend our lives for Thee. For Thee we live; for Thee we die; Thine may we be in time and in eternity.

Amen.

Christ Jesus crucified, Have mercy on us.

THIRTEENTH STATION

Jesus Is Taken Down from the Cross Having loved His own who were in the world, He loved them unto the end.

Meditation

Let us here consider how our Saviour persevered upon the Cross until His death; and how, when taken down He rested on the bosom of His Virgin Mother.

We adore Thee, O Christ, and we bless Thee,

For by Thy Holy Cross Thou hast redeemed the world.

Make firm my progress on Thy paths:

So that my footsteps may not falter.

Prayer

O Jesus, may we ever imitate Thy perseverance in the trials of our lives; and may our hearts be ever worthy to become Thy dwelling place.

Amen.

Christ Jesus crucified, Have mercy on us.

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FOURTEENTH STATION

Jesus Is Laid in the Tomb

Thou wilt not leave my soul amongst the dead: Nor wilt Thou give Thy Holy One to see corruption.

Meditation

Let us here consider how our Saviour, Who in life had not whereon to lay His sacred head, now in death awaits the resurrection in the sepulchre of another.

We adore Thee, O Christ, and we bless Thee, For by Thy Holy Cross Thou hast redeemed the world.

Buried with Him by baptism into death, May we also walk in newness of life.

Prayer

O Jesus, Thou hast made our hearts for Thee, and restless ever will they be until they rest in Thee. Oh, grant us, then, to follow on the path Thy Holy Cross hath traced, until we rise with Thee to glorious immortality.

Amen.
Christ Jesus crucified,

Have mercy on us.

Conclusion

Pleasing unto Thee, O Blessed Trinity, be this lowly homage of our service. Grant that this devotion which, though all unworthy, we have offered in the presence of Thy Majesty divine, may prove acceptable to Thee. In Thy mercy, may it be for us, and all for whom it has been offered, a source of pardon and of grace: through Christ our Lord.

Amen.

Lord, have mercy on us.

Lord, have mercy on us.

Christ, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Lord, have mercy on us.

(Our Father)

Lord, hear our prayer:
And let our cry come unto Thee.

Look down, we beseech Thee, O Lord, upon this Thy congregation, for which our Lord Jesus Christ did not hesitate to be delivered into the hands of enemies, and to undergo the torments of the Cross.

O God, Who by the Precious Blood of Christ, Thine only Son, wast pleased to consecrate the banner of His Holy Cross: we beseech Thee, grant that those who take delight in honoring the same life-giving Cross, may everywhere rejoice in Thy protection: through the same Christ our Lord. Amen.

May the divine assistance remain always with us. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen. (Hail Mary)

†

WAY OF THE CROSS

(Lent)

O most merciful Jesus, with a contrite heart and penitent spirit—I bow down in profound humility before Thy divine Majesty.—I adore Thee as my Supreme Lord and Master;—I believe in Thee, I hope in Thee, I love Thee above all things.—I am heartily sorry for having offended Thee, my supreme and only Good.—I resolve to amend my life;—and although I am unworthy to obtain mercy,—yet the sight of Thy holy Cross on which Thou didst die—inspires me with hope and consolation.—I will therefore meditate on Thy sufferings,—and visit the stations of Thy Passion, in company with Thy sorrowful Mother and my guardian angel,—with the intention of promoting Thy honor and saving my soul.—

I desire to gain all the indulgences granted for this holy exercise,—for myself, and for the suffering souls in purgatory.—O merciful Redeemer Who hast said,—"And I, if I be lifted up from the earth, will draw all things to Myself,"—draw my heart and my love to Thee,—that I may perform this devotion as perfectly as possible,—and that I may live and die in union with Thee. Amen.

FIRST STATION

Jesus Is Condemned to Death

Jesus most innocent, Who neither did not could commit sin, was condemned to death, and moreover, to the ignominious death of the cross! To remain a friend of Caesar, Pilate delivered Him to His enemies. A fearful crime—to condemn Innocence to death, and to offend God in order not to displease men!

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

It is I, dear Jesus—who am guilty of everlasting death because I have sinned.—But for love of me—Thou dost gladly accept the unjust sentence of death—that I may live.—For whom, then, shall I henceforth live—if not for Thee, O Jesus.—If I desire to please men—I cannot be Thy servant. Let me, therefore, rather displease the whole world—than not please Thee, O Jesus.

Christ Jesus crucified. Have mercy on us.

SECOND STATION

Jesus Is Made to Bear His Cross

When our divine Saviour beheld the cross, He most willing stretched out His bleeding arms, lovingly embraced it, and tenderly kissed it, and placing it on His bruised shoulder, He, although most exhausted, joyfully carried it.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—whosoever does not take up his cross and follow Thee—is not worthy of Thee.—Behold, I accept from Thy hands whatever cross—whatever ills and sufferings—Thou mayest see fit to send me.—May Thy example inspire me—to carry my cross patiently until death—that I may become worthy of Thee.

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THIRD STATION

Jesus Falls the First Time Under His Cross

Our dear Saviour carrying the cross was so weakened by its heavy weight as to fall exhausted to the ground. Our sins and misdeeds were the heavy burden which oppressed Him; the cross was to Him light and sweet, but our sins were galling and insupportable.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—with infinite patience Thou hast borne the crushing load of my sins.—Should not I, then, in union with Thee—and in a spirit of penance—carry the light burden of my sufferings—and accept the sweet yoke of Thy commandments?—I will do so, dear Jesus—because Thou commandest it saying—"Take My yoke upon you and learn from Me—for I am meek and humble of heart—and you shall find rest for your souls."—O Jesus, I cheerfully join Thee in the Way of the Cross.—Grant that I may never again be separated from Thee.

FOURTH STATION

Jesus Meets His Afflicted Mother

How painful and how sad it must have been for Mary, the sorrowful Mother, to behold her beloved Son on His way to Calvary! What unspeakable pangs her most tender heart experienced! How earnestly did she desire to die in place of Jesus, or at least with Him! Implore this sorrowful Mother that she assist you in the hour of your death.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

O Mary, Mother of Sorrows—thou wast near unto thy beloved Son in His hour of agony—to comfort Him.—Stand by me also when life's dark moments are upon me—and temptation is strong,—Help me to persevere and conquer sin—and be with me in the dread hour of my death.

FIFTH STATION

Simon of Cyrene Helps Jesus Carry His Cross

Simon of Cyrene was compelled to help Jesus carry His Cross, and Jesus accepted his assistance. How willingly would He also permit you to carry the cross! He calls you, but you hear Him not; He invites you, but you decline. What a reproach, to bear the cross reluctantly!

We adore Thee, O Christ, and we bless Thee, Because of Thy Holy Cross Thou hast redeemed the world.

O Jesus—I accept Thy invitation.—I will take up my cross and follow Thee.—With all my heart I will rejoice—if deemed worthy to suffer for Thy Holy Name.—Far be it from me to glory in anything save in Thy Holy Cross.—By it the world shall be crucified to me—and I to the world.—O Jesus, let me suffer with Thee on earth—that I may be glorified with Thee in Heaven.

SIXTH STATION

Veronica Wipes the Face of Jesus

Veronica, impelled by devotion and compassion, presents her veil to Jesus to wipe His disfigured face. And Jesus imprints on it His holy countenance: a great recompense for so small a service. What return do you make to your Saviour for His great and manifold benefits?

We adore Thee, O Christ, and we bless Thee,

Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—my most generous Benefactor—what return shall I make Thee for all the favors Thou hast bestowed upon me?—Behold, I consecrate myself entirely to Thy service.—My whole heart I give to Thee.—Imprint on it Thy sacred image that I may never forget Thee.

SEVENTH STATION

Jesus Falls the Second Time

Jesus, suffering under the weight of His cross, again falls to the ground; but His cruel executioners do not permit Him to rest a moment. Pushing and striking Him, they urge Him onward. It is the frequent repetition of our sins which oppresses Jesus. Witnessing this, how can I continue to sin?

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

Jesus, Son of David—have mercy on me—and according to the multitude of Thy tender mercies blot out my iniquity.—By the merits of this second fall—grant me the strength not to fall again into my former sins—but to persevere in Thy grace and friendship until death.

EIGHTH STATION

Jesus Speaks to the Daughters of Jerusalem

These devoted women, moved by compassion, weep over the suffering Saviour. But He turns to them saying: "Weep not for Me, Who am innocent; but weep for yourselves and for your children." Weep thou also; for there is nothing more pleasing to our Lord, and nothing more profitable for thyself, than tears shed from contrition for thy sins.

We adore Thee, O Christ, and we bless Thee,

Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—I beseech Thee by Thy own bitter tears—to grant me the grace to weep for my sins.—Make me realize how grievously I have offended Thee.—Touch my heart that with tears of contrition—I may wash away the stains of my sins.—Have pity on me, dear Jesus, and cleanse me from all sin.

NINTH STATION

Jesus Falls the Third Time

Jesus, arriving exhausted at the foot of Calvary, falls for the third time to the ground. His love for us, however, is not diminished, not extinguished. What a fearfully oppressive burden our sins must be to cause Jesus to fall so often! Had He, however, not taken them upon Himself, they would have plunged us into the abyss of hell.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world. Most merciful Jesus—I return Thee heartfelt thanks for not permitting me to die in my sins—and to fall, as I have so often deserved—into the depths of hell.—Enkindle in me a new zeal earnestly to amend my life.—Support me by Thy grace—that I may never again fall into sin—but continue faithful in Thy service unto the end.

TENTH STATION

Jesus Is Stripped of His Garments

When our Saviour had arrived on Calvary, He was cruelly despoiled of His garments. How painful must this have been, because they adhered to His wounded and torn body and with them parts of His bloody skin were removed! All the wounds of Jesus are renewed; Jesus is despoiled of His garments, that He may die possessed of nothing. How happy will I also die, after laying aside my former self, with all evil desires and sinful inclinations.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

Help me, dear Jesus—to lay aside my former self—and to be renewed according to Thy will and desire.—However painful it may be for me—I will not spare myself.—With the assistance of Thy grace—I will refrain from all sinful pleasures and vain amusements.—Renouncing the things of earth, I will live for Thee alone.

ELEVENTH STATION

Jesus Is Nailed to the Cross

Jesus, being stripped of His garments, was violently thrown upon the cross, and His hands and feet were most cruelly nailed thereto. In such excruciating pains He remained silent, because it pleased His heavenly Father. He suffered patiently, because He suffered for me. How do I act in sufferings and in troubles? How fretful and impatient, how full of complaints I am! We adore Thee, O Christ, and we bless Thee,

Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus, gentle Lamb of God—I renounce forever all my fretfulness and impatience.—Crucify, O Lord, my flesh and its evil desires.—Punish and afflict me in this world as Thou wilt—but spare me in eternity.—I willingly stretch out my arms and resign myself entirely to Thee.—May Thy holy will be done in all things.

TWELFTH STATION Jesus Dies on the Cross

Behold Jesus crucified! Behold His wounds, received for the love of you! His whole appearance betokens love. His head is bent to kiss you; His arms are extended to embrace you! His heart is open to receive you. O superabundance of love! Jesus, the Son of God, dies upon the cross, that man may live, and be delivered from everlasting death!

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—my God and my Savior—who will grant that I may die for love of Thee?—I will endeavor, at least, to die to the world and its vanities.—How empty and bitter does the world appear to me—as I behold Thee hanging on the Cross—covered with wounds—crowned with thorns—lifeless and forsaken.—Have mercy on me, dear Jesus, and receive me into Thy wounded Heart—that I may live and die in union with Thee.

THIRTEENTH STATION

Jesus Is Taken Down from the Cross

Jesus did not descend from the cross, but remained on it until He died. And when taken down from it, He, in death as in life, rested on the bosom of His Mother. Persevere in your resolutions of reform, and do not part from the cross: he who persevereth to the end shall be saved. Consider, moreover, how pure the heart should be that receives the Body and the Blood of Christ in the adorable Sacrament of the Altar.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world. Suffer me not,—dear Jesus—ever to be separated from Thy Holy Cross.—On it I desire to live and to die.—Create in me a clean heart—that I may receive Thee worthily in Holy Communion—and Thou mayest abide in me and I in Thee for all eternity.

FOURTEENTH STATION

Jesus Is Placed in the Sepulchre

The body of Jesus is interred in a stranger's sepulchre. He Who in this world had not whereupon to rest His head, would not even have a grave of His own, because He was not of this world. Do you, who are so attached to the world, henceforth despise it, that you may not perish with it.

We adore Thee, O Christ, and we bless Thee, Because by Thy Holy Cross Thou hast redeemed the world.

O Jesus—Thou hast set me apart from the world—what then shall I seek therein?—Thou hast created me for Heaven—what then shall I desire upon earth?—Depart from me, deceitful world, with all thy vanities!—Henceforth I will walk the Way of the Cross traced out for me by my Redeemer—and journey onward to my heavenly home—where my abode and rest shall be forever.

Conclusion

Almighty and eternal God, merciful Father!—Who hast given to the human race Thy beloved Son—as an example of humility, obedience and patience—to precede us on the way of life, bearing the cross:—graciously grant that we, inflamed by His infinite love,—may take up the sweet yoke of His Gospel,—together with the mortification of the cross,—following Him as His true disciples,—so that we shall one day gloriously rise with Him,—and joyfully hear the final sentence:—"Come, ye blessed of my Father,—and possess the kingdom which has been prepared for you from the beginning"; where Thou reignest with the Son and the Holy Ghost,—and where we hope to reign with Thee—throughout all eternity. Amen.

(Tantum Ergo and Benediction)
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NOVENA TO SAINT FRANCIS

(Hymn)

God forbid, that I should glory, save in the Cross of our Lord and Savior, Jesus Christ; by whom the world is crucified to me, and I to the world.—

With Christ I am nailed to the Cross. In my body I bear the marks of the Lord Jesus.

Glory be to the Father . . . As it was in the beginning . . .

Most beloved Father, Saint Francis, I beeseech thee-by the sacred wounds of our Lord and Savior Jesus Christ,-the living imprint of which thou didst bear upon thy body:-obtain for me the spirit of piety and devotion;-love of poverty, humility and self-denial;-heartfelt sorrow for my sins; -unstained purity of body and soul; -perfect submission to the will of God,-and the grace of final perseverance.—Intercede for me—that I may be faithful in the observance of thy holy Ruleand walk worthy of my holy vocation.-And when my last hour approaches,-be at my side, everblessed Father, together with Jesus, Mary and Joseph,-that I may die a holy death,-and be numbered forever-among thy glorified children in heaven. Amen.

Pray for us, O blessed Father Francis; That we may be made worthy of the promises of Christ.

Let us pray: O God, who hast deigned to give us blessed Francis as our guide and teacher—to follow in the footsteps of Thine only-begotten Son: graciously grant that we, who celebrate his memory here on earth, may become partakers of his glory in the world to come: Through the same Christ our Lord.

Amen.

(Incensation of relic and blessing. Benediction of the Blessed Sacrament, page 19.)